

Viagra - Without The Side Effects

A Big, Fat Problem With Testosterone

Author: Dr. Stephen Chaney



You can't turn on the TV nowadays without seeing ads for medications to prevent erectile dysfunction and allow you to be ready "when the moment is right." You have probably also heard the ads for testosterone creams to treat "low T". Similar ads seem to find their way into our email inbox almost every day. Evidently, we guys must have a problem. Drugs that increase sexual potency appears to be a topic of much relevance to many of us.

But if you listen to the ads carefully, you will discover that all of these drugs have serious side effects including:

Sudden drops in blood pressure

- Sudden decreases or loss of vision or hearing
- Chest pain, dizziness and nausea
- And many more

What if there were a way to increase your testosterone levels and enhance your sexual potency without side effects? In fact, there is a proven way to do that, and it involves treating the cause of the problem – not just the symptoms.

Can Obesity Affect Your Sex Drive?



While millions of American women are on a diet at any one time, many men just ignore those extra pounds. Things like heart disease, cancer and diabetes seem to be much more distant threats to us. The male ego also allows us to stand in front of a mirror, pot belly and all, and visualize ourselves as we were in our college years.

But, what if obesity lowered your testosterone levels and caused erectile dysfunction? Would that get your attention?

That is why a recent study in the Journal of Clinical Endocrinology and Metabolism should be of great interest to all of us. This study looked at 1700 men of all weights and showed that weight gain of 30 pounds lowered testosterone levels as much as if the men had aged 10 years.

Low testosterone levels in men lead to depression, loss of muscle mass and bone density, feminization, and that all important loss of sexual drive and performance.

Viagra - Without The Side Effects

So guys, if you are concerned about your sexual performance, but don't want to take drugs that may have serious side effects, you have another option. Just take off some of that extra weight you have accumulated over the years. That may just increase your testosterone levels and your sexual performance naturally. And you won't have any side effects, just side benefits.

The Bottom Line:

So guys, if you are not motivated to lose those extra pounds by how you look or by the increased risk of heart disease, cancer & diabetes, now you have yet another reason to shed those extra pounds. Perhaps this should be the year that you actually stick to your new year's resolution to lose weight.

These statements have not been evaluated by the Food and Drug Administration. This information is not intended to diagnose, treat, cure or prevent any disease.

Dr. Steve Chaney