

Phyto-Bytes©

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CoQHeart™ with Q-Trol™

Shaklee waited a considerable time to introduce Coenzyme Q10. Shaklee wanted to develop a product that produces benefits that are head and shoulders above the competition. What is Coenzyme Q10, why is it important, and what's different about Shaklee New Triple Strength CoQHeart™? CoQ10 is a naturally occurring substance in our bodies that helps to convert food into energy at a very basic, cellular level. It is also a potent antioxidant that provides protection for the heart. Antioxidants, such as CoQ10, can neutralize free radicals and may reduce or even help prevent some of the damage they cause. Some researchers believe that CoQ10 may help with heart-related conditions, because it can improve energy production in cells, prevent blood clot formation, and act as an antioxidant. Additional research suggests that coenzyme Q10 supplements may help prevent or treat the following conditions: prevention of secondary heart attacks, heart failure, high blood pressure, high cholesterol, diabetes, heart damage caused by chemotherapy, periodontal disease, improved immune function, Parkinson's disease, angina, and migraine headaches. That's pretty amazing, right?

What else do we know? Research has documented an age-dependent decrease in CoQ10. Blood levels drop by as much as 65% by age 80. Other factors leading to a deficiency include inadequate dietary intake, environmental stress, strenuous exercise, and selected prescription drugs. Among those prescription drugs that cause depletion are the "statins" that are intended to lower cholesterol; beta-blockers that control heart rhythm; and oral hypoglycemics that reduce blood sugar levels. People with these diseases not only have the disease to contend with, but they also have a decreased level of one of our most important natural defenses. For this group of people, supplementation with CoQHeart™ with Q-Trol™ may be critical.

What makes Shaklee CoQHeart™ with Q-Trol™ different? First the manufacturing process that uses patent-pending technology to enhance the absorption. Enhanced up to 500% more bioavailable than competitive powders, 333% more bioavailable than soft gels, and even 33% more bioavailable than a leading bioavailability-enhanced soft gel. In addition to its outstanding bioavailability, CoQHeart™ with Q-Trol™ with also contains resveratrol which has been shown in laboratory studies to help relax blood vessels and promote healthy blood flow. Resveratrol is a naturally occurring phytonutrient that is found in red grapes, and responsible for the "French paradox" *This phenomenon is suspected of giving the French the world's lowest rate of heart disease.

Is it possible to get enough Coenzyme Q10 and resveratrol in our diets alone? Not likely because even though Coenzyme Q10 can be found in almost every plant or animal, the levels are not that high. And to get enough resveratrol from red wine would require a consumption level above that which is recommended. A viable solution is of course, new CoQHeart™ with Q-Trol™. New studies advocate the benefits from coenzyme Q10 are derived by consuming 30 to 200mg daily from a supplement. You could not make a better decision than to consider using it today!

Rusty has an audio-CD series of "Herbal Remedies". If you would like an order form, please contact him at PhytoBytes@yahoo.com or write him: 4211 SW 13th Avenue, Cape Coral, FL 33914