



How Does Your Children's Vitamin Compare?

	Shaklee Incredivites	Vitasaurus	One/Day Kids Complete Scooby Doo Multi	GNC Multi Bites w/Minerals & Calcium	Flintstone Complete Multi w/Min.	L'il Critters Gummy Vites	Centrum Rugrats Complete
Complete full spectrum of vitamins A-E	YES	YES	YES	YES	YES		YES
Vitamin D	600 IU	200 IU	400 IU	400 IU	600 IU	80 IU	400 IU
Natural Vitamin E	YES	YES		NO		NO	NO
Vitamin K	YES	YES	NO	NO	NO	NO	YES-13%
100% of Vitamins B1,B2,B3,B6, B12	YES	Unbalanced Levels	NO	Unbalanced Levels	NO		YES
100% of Biotin	YES	NO-20%	NO-13%	NO-33%	NO-13%	NO-22%	NO-15%
100% Pantothenic Acid	YES	NO	YES	YES	YES	YES	YES
100% of Folic Acid	YES	NO	YES	YES	NO	YES	YES
Full spectrum minerals including Iron, Iodine, Magnesium, Zinc, Copper, Manganese, Molybdenum	YES	No iron Mineral levels Low and Unbalanced	NO	YES Contains lower levels of minerals than Incredivites	NO	NO	YES
Selenium	YES	YES	NO	NO	NO	NO	NO
Calcium	20%	<1%	10%	3%	10%	NONE	11%
Gluten Free	YES			YES		YES	
All Natural Flavors & Colors	YES	YES	NO	YES	NO	NO	NO
Tooth Healthy Sweeteners	YES			YES			
Unusual Considerations	Contains Lactoferrin for immunity		Contains Aspartame		Hydrogenated Vegetable Oils Contains tree nuts, soy, aspartame		Contains Aspartame
Researched 4/13 L. McDermott							