

LEARN AND EARN \$\$ -- INTRO LEVEL

(NOTE: To download at home for listening on the go... Get FREE Podbean app for iPhone or Podcast Addict for Android)

1. Log into www.betterhealthin31days.com/judymyrlie
 - WELCOME! Click on green arrow in the middle of page—hint: look for the little girl in the polka dot dress
This will auto play- “The Shaklee Difference”
“Shaklee Life Shake”
“ The Shaklee Effect”
“ Dr. Shaklee Bio”
 - On the left side –Gray column- look toward the bottom of the page- Under “Life Changing Stories”
“Teri & John Norsworthy’s Story”—6 min
<http://www.betterhealthin31days.com/judymyrlie/stories/TeriJohnNorsworthyStory>
 - Also on the left side under “Shaklee Video Effect” listen to:
“Ashley’s Shaklee Effect” 2 min
<http://www.betterhealthin31days.com/judymyrlie/sv/Ashley-ShakleeEffect>
 - (podcast) “Who Can You Trust—The Adulteration of America’s Vitamins and Supplement Products” Dr. David Colby, Pharm. D., PhD.
<http://www.betterhealthin31days.com/judymyrlie/vp/WhoCanYouTrust-Jan2019>
2. (podcast) “Healthy Home/Healthy Earth” Lisa Anderson
<http://www.betterhealthin31days.com/judymyrlie/vp/WhoCanYouTrust-Jan2019>
3. (podcast) “Power of Greens”- Dr. Steve Chaney PhD & Barbara Lagoni- Board Certified Nutritionist & Dr. Steve Chaney received his BS degree from Duke University and his PhD degree in Biochemistry from UCLA. He was a professor in the Departments of Biochemistry & Biophysics and Nutrition at the University of North Carolina for 40 years.
<http://www.betterhealthin31days.com/judymyrlie/vp/PowerOfTheGreens-March2018>
4. (podcast) “Natural Medicine Cabinet” Angie Thomas & Carlie Powell-Wilson
<http://www.betterhealthin31days.com/judymyrlie/vp/NaturalMedicineCabinet-Jan2019>
5. (podcast) “How to Start a Supplement Program” Barbara Lagoni , Board Certified Nutritionist
<http://www.betterhealthin31days.com/judymyrlie/vp/HowToStartASupplementProgram-October2018>
6. (podcast) “Detox- Key Step in Prevention”- Barbara Lagoni –Board Certified Nutritionist
<http://www.betterhealthin31days.com/judymyrlie/vp/Detox-KeyStepInPrevention-Mar2019>

2 minute Blessing:
Alyson’s Shaklee Effect
<http://www.betterhealthin31days.com/judymyrlie/sv/Alyson-ShakleeEffect>