19 Year Old Beats Migraines With Shaklee Supplements

The following testimony was sent to me by my now dear friend and new business builder, Elizabeth Wells. Needless to say, I am thrilled that once again Shaklee came through. Hope this can help you or someone you know and love. Honoree Corpron

I was 19 years old in 1984 when I suffered from my first migraine headache. It started on a Monday mornig and it took 4 visits to the doctors office and 4 different medications before they found anything that did any good. For the next 7 years I had periodic migraines (maybe 3-5 a year). The Midrin prescribed always did the job and I was able to get on with my daily activities.

In Dec 90 I was sent to South West Asia for Desert Shield/Storm (I'm in the Army). I was in country until May. In August the Migraines becomes extreme.
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I began to suffer daily headaches (cluster headaches) with 4-5 a week being migraines. I have been seeing a Neurologist since Jan 92. I have tried more medications than I can count or remember. Nothing seemed to help for long.

As time has gone by, the migraines have more and more severe.

I was introduced to Shaklee in October 98. After speaking with Honoree I decided that I would take a chance and try the nutritional supplements. Within 3 days of dropping all medications and routinely taking the supplements, I was migraine free. For me, this was a life-saver and a major miracle.

The supplements I am taking are as follows:

Morning:
Energizing Soy Protein shake
2 B-complex
2 EPA
6 Lecithin
5 Calcium Magnesium
2 Garlic
2 GLA
2 Vita Lea
6 Sustained Release C
3 Vita E

Afternoon with Lunch:
2 EPA
2 Garlic
2 B complex
Evening:
Energizing Soy Protein shake
2 Vita Lea
2 EPA
1 GLA
10 Alfalfa
5 Calcium Magnesium
6 Sustained Release C

I don't know if these are all necessary, but since beginning, I feel healthier, more lively, and for the first time in nine years, I am migraine free, without the use of toxins and chemicals.

Liz Wells, Shaklee Business Builder