

# Share the Gift of Health - Pass it on!

The following is a list of various health related resources available to you and anyone you know who might benefit. These are in the form of cassette tapes, CD's and information from our health science Shaklee website. We can talk about the best way to share the information.

## Which of these topics are of interest to you or someone you know?

- ADD/ADHD
- Acne
- Air & Water Purification
- Allergies & Asthma
- Anti-Aging Skin Care & Natural Cosmetics
- Arthritis
- Building a Healthy Baby
- Building a Home Based Business
- Cancer
- Candida
- Children's Health & Nutrition
- Cholesterol & Heart Health
- Cleaners that are beneficial to your health and the environment
- Detoxification
- Depression
- Diabetes
- Digestive Disorders: Irritable Bowel, Colitis & Crohn's Disease
- General Nutrition & Why we need to Supplement
- Hair Health
- Headaches
- Herbal Formulations
- Immune System and how to strengthen it
- Immune Dysfunctions: Fibromyalgia, Chronic Fatigue, Lupus, MS
- Lyme Disease
- Low Blood Sugar
- Macular Degeneration
- Menopause & PMS
- Men's Health
- Pet Health
- Senior Health
- Skin Diseases & Disorders
- Sports Nutrition
- Stress
- Women's Health
- Weight Management

If you or someone you know has a topic of interest that is not listed, just let me know. I can probably locate information for you.