

WHAT CAN *Shaklee* SUPPLEMENTS DO ?



**Start with Shaklee Vitalizer™
A 30-day supply conveniently
packaged in daily Vita- Strips**



**So EASY ... Take first thing in the morning
or throw in your pocket and GO**

Redefining Vitality "12 Patents" on the Shaklee Micronutrient Advanced Release Technology (S.M.A.R.T)

Here is the best of Shaklee science in 80 bio-optimized nutrients clinically proven to create a foundation for a longer, healthier life. Anyone can put vitamins and minerals in a supplement. Only Shaklee gets the right nutrients to the right place through a revolutionary, patent-pending delivery system. Taking Vitalizer is not just an investment in your long-term health. This is how to start feeling "WOW", today and every day from now on. Vitalizer provides a daily boost of clinically supported vitamins, minerals, antioxidants, phytonutrients, omega-3 fatty acids and probiotics. So you know you always get what you need each and every day. (2 Vita Lea, 2 Caroto-E-Omega, 1 B+C Complex, & 1 OptiFlora Probiotic)

- Supercharged vitality
- Stress management
- Antioxidant defense
- Heart and brain health
- Enhanced immunity
- Anti-aging phytonutrients
- DNA protection
- Bone and joint health
- Healthy hair, nails, and skin
- Colon health
- Preconception nutrition
- Nerve and muscle function
- Healthy teeth & gums
- Vision and eye health
- Lung health
- Digestive health

Add Soy Protein/Shaklee 180 Shake Mix, NutriFeron & VIVIX for "Rx for a Healthier Life"

Energizing SOY Protein SOY or WHEY Shake Mix

Shaklee Protein (non-GMO) is a complete protein with all 9 essential amino acids. It is a vegetable (soybean) protein with no cholesterol, saturated fats, or artificial flavors or preservatives. Low glycemic index to retain normal blood sugar levels. It is needed to make and repair ALL tissue cells. It is necessary for building enzymes, antibodies, hormones, hair, skin, nails; it curbs the appetite, and is a real "energy" booster and maintains your blood sugar level. Recent findings indicate that soy can dramatically impact hormone balance, cancer, cholesterol, and heart disease.

NUTRIFERON ... "Powerful Breakthrough in Immune System Science"

Stimulates the production of **interferon naturally**. A healthy immune system is our body's most powerful frontline defense. Effective against Flu, Colds, Hepatitis C, Cancer, Allergies, Asthma, Shingles, Chronic Infections etc. Dr. Kojima spent 40 years testing hundreds of compounds searching for a natural formula that boosts the body's production of interferon. A potent but safe blend of plant extracts, proven by human clinical studies to provide powerful immune support.

VIVIX ... "Revolutionary Breakthrough in Cellular Anti-Aging"

Vivix Cellular Anti-Aging Tonic is a revolutionary breakthrough in the fight against cellular aging. Developed after years of research by Shaklee Corporation, the # 1 natural nutrition company in the U.S., Vivix is the world's best anti-aging supplement. In laboratory studies, Vivix ingredients have been shown to impact the 4 key mechanisms of cellular aging.

A 30 day supply of Vivix delivers the equivalent amount of resveratrol found in 3,000 glasses of red wine, and Vivix ingredients are 10x more powerful in slowing a key mechanism of aging than resveratrol alone.

Doesn't Everyone Dream of Feeling Younger and Living Longer?



Impacts . . .

**DIABETES
OSTEOPOROSIS
DEMENTIA
TREMORS**

**BROWN/AGE SPOTS
HAIR LOSS
ALZHEIMERS
HEART DISEASE**

**CANCER
HIGH LDL CHOL.
FOCUSING
HEALING**

**ARTHRITIS
ENERGY
PAIN/STIFFNESS
INFLAMMATION**

Shaklee Supplements:

VITA LEA ... no iron, iron, gold (50+) **"Multi Vitamin/Mineral"**

A formula providing 23 essential vitamin & minerals at clinically proven levels. Vita Lea has a patented Bioactivated Absorption System to ensure increased absorption of critical folic acid. Taken daily, Vita Lea promotes overall health & wellness and supports long-term colon, heart, and eye health, and strengthens the immune system.

OPTIFLORA **"Advanced Daily Colon Care System"**

The two-product system includes Probiotic (Bifidus & Acidophilus...microflora) + Prebiotic (FOS...food source for microflora). Patented Guaranteed delivery of 500 million microflora to intestines! Will help with... Digestion, Candida, food/chemical allergies, colitis/IBS, cold sores, psoriasis, bad breath, headache, colon & rectal cancer, parasite, diarrhea, acne.

B COMPLEX **"Mood Vitamin"**

Feeds the nerves & has a profound effect on mental and emotional stability. Stress, medications, sugars, alcohol all rob the body of B vitamins. Reduce cravings, headaches, increase energy.

VITA C **"Infection Fighter"** **Nature's own antibiotic**

Fights infection and builds resistance against disease. C is the anti-stress vitamin + it builds collagen. An important antioxidant... it protects your cells from **aging**.

Vitamin E Complex **"Antioxidant"**

Protects against cell damage and aging. Impacts varicose veins, fibro-cysts, heart, fertility, hot flashes, healing, psoriasis, hormonal issues, circulation, athletic performance, cold hands & feet, breathing/lungs, stamina.

MOODLIFT **Positive Mental Outlook**

St. Johns Wort, Siberian Ginseng, Green Oats, Inositol
Relieves anxiety, self doubt, sleep disorders, nervous disorders, moderate depression, fatigue, fearfulness, tension headaches
Promotes relaxation

OMEGAGUARD **Natural Anti-inflammatory** **Fish oil: 7 omega 3 fatty acids**

Reduce **risk of heart disease**/stroke, triglycerides, cholesterol, **blood pressure**, blood clots, rheumatoid arthritis, migraines, psoriasis, eczema, ADD, depression/mental illnesses

GLA COMPLEX **Body Regulator**

PMS, menstrual, menopause
Anti-inflammatory, rheumatoid arthritis, fibromyalgia, eczema
Fibrocystic breast disease
Supports well-being during menstrual cycle
Diabetic neuropathy, weight loss

MENOPAUSE BALANCE COMPLEX **Menopausal Balance**

Hormonal support thru menopause
Controls hot flashes, Mood swings, insomnia, depression
Phytoestrogens from Flaxseed and Soy Isoflavones, Dong Quai, Red Clover, and Licorice, Black Cohosh

ALFALFA COMPLEX **Mineral Bouquet**

Natural antihistamine, anti-inflammatory, diuretic.
Has 8 digestive enzymes. Arthritis, allergies, acid reflux, asthma, gout, gall stones

Rich in trace minerals & enzymes

IMMUNITY FORMULA - I **Immune Booster**

9 "immunoactive" vitamins & minerals in one capsule. Supports the immune system. Great for Skin, **Allergies**, and all immune related diseases.
Zinc, E, C, Beta carotene, Folic acid, Copper, Selenium, B6 & B12

BLOOD PRESSURE **Helps support already healthy blood pressure**

Scientifically support nutritional solution to help retain healthy blood pressure by helping to promote healthy blood vessels and blood flow.

Powered by: Grape seed, beet and spinach powders

SAW PALMETTO PLUS **Prostate Health**

Prevents & lessens BPH (benign prostatic hyperplasia)
Symptoms are frequent urination, decreased urinary flow.
Maintains proper urinary flow
Enlarged prostate
Men over 40

GENTLE SLEEP COMPLEX **Calmer**

Improves quality of sleep
Relieves tension, headache pain
Relieves muscle spasm
Can treat heart palpitations
Anti-aggressive properties-- use for childhood behavioral disorders.
ADHD

OSTEOMATRIX

Reduce risk of Osteoporosis

Relaxes muscles (helps cramps muscle spasm, backache, growing pains, heart muscle, insomnia)
Feeds nerve endings (helps reduce hyperactivity, headaches, PMS, irritability, stress, ADD, ADHD)

Increases bone density

MINDWORKS

Mental Sharpness & Focus

Powered by exclusive Chardonnay grape seed extract ~ Designed to improve mental sharpness & focus – Protects against age-related mental decline. Developed by a MIT-trained neuroscientist. Patent-pending.

Supports mental sharpness

GLUCOSE REGULATION

Blood Sugar Regulator

Stress, unhealthy eating and weight gain lead to higher circulating blood glucose, carb cravings, more weight gain and lower energy.

HELPS RETAIN NORMAL BLOOD SUGAR LEVELS

STRESS RELIEF COMPLEX

Tranquil State of Mind

Stress takes an enormous toll on our health. To relieve tension with drinking, smoking or overeating only increases stress.

Stress Relief complex helps us to adapt to stress, does not cause drowsiness, in fact it creates a very alert state of mind while remaining relaxed and tranquil. (No Kava)

JOINT HEALTH COMPLEX

Joint Cushion

Glucosamine & blend of herbs
Freedom of motion. Rebuild, maintain, and support healthy **joint cartilage** - Anti-inflammatory
Greater mobility

LIVER DTX COMPLEX

Detoxifier

Contains milk thistle seed extract, which is shown to support the regeneration of liver cells. Your liver is being challenged by: Acetone (nail polish, varnishes, paints), Nitrosamines, Insecticides, Ammonia, Alcohol, drugs, car exhaust, fumes etc.

STOMACH SOOTHING COMPLEX

Digestion

Digestive aid, relief from gas, nausea & indigestion. Motion & morning sickness Calms upset stomach Relieves heartburn
Helps constipation, inhibits diarrhea
Helps irritable bowel syndrome

DEFEND & RESIST COMPLEX

Nature's Natural "Antibiotic"

Echinacea, Zinc, Black Elderberry And Larch Tree
Use for infections, colds, flu, fever, swollen glands, colic etc.
Promotes production of white blood cells & activates immune system
Suck, chew, swallow, or a hot tea

GARLIC COMPLEX

Miracle Herb

Natural antibiotic/anti-inflammatory
Positive effect on infection, aids in treatment of cancer, arthritis, flu, colds, digestive problems, ulcers, yeast infections, sinusitis, lowers serum cholesterol & triglycerides, circulatory problems, liver disease

FLAVOMAX

Powerful Antioxidant

Six "key" flavonoids
To defend against free radical destruction and build healthy cells take both Flavomax and Carotomax for total protection.

Protect the liver and Intestines and much more.

CAROTOMAX

Protects the Eyes

"6" powerful antioxidants

Prevents Macular degeneration, supports health of cervix, colon, prostate, lungs, heart ... prevents damage from LDL Cholesterol.
Combine with **Flavomax** for complete protection.

VITAMIN D3

Nature's SUNSHINE

Vitamin D plays a major role in:
Your Heart Health Immune Health
Aids Calcium absorption
Healthy Cell Development

As many as 80% of Americans are deficient in this nutrient.

COQ HEART

Energize your cells!

As we age, we have less and less CoQ10; our heart never stops to rest – it is critical that it stays energized by CoQ10. **CoQHeart also contains "Resveratrol"**; one capsule has as much Resveratrol as one glass of red wine.
Fearfulness, tension headaches
Promotes relaxation

ZINC

Vital Trace Mineral

Promotes healing of wounds and burns, sore throat, eczema
Boosts immune system
Prostate & reproduction
Improves digestion/anti-stress
Improves taste, smell & appetite
Diabetes, promotes insulin.

PAIN RELIEF COMPLEX

Reduce the Inflammation that causes Pain

Relieve chronic pain without the detrimental GI effects that accompany anti-inflammatory most products. A potent, natural pain reliever that provides long term pain relief.
Arthritis, Fibromyalgia, Tendonitis etc.

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PAIN RELIEF CREAM also available

VITALIZED IMMUNITY

Everyday Immune Support

Naturally sweetened with Monk Fruit. Contains as much vitamin-C as 16 oranges. Proprietary of 19 vitamins, minerals and herbs. Delicious effervescent formula.

Helps Support your strong immune system

VITALMAG

For the 80% who don't get enough magnesium

Gel-Diffusion Delivery System
Easy on your digestion. Magnesium is vital for muscles and nerve function, steady heart rhythm, and normal blood pressure.

CHOLESTEROL REDUCTION

FDA claims: gives 100% of the sterols and stanols needed to lower cholesterol naturally

A natural approach to managing your cholesterol ... side benefits not side effects! Unlike statin drugs, this product **will not** destroy the production of CoQ10 ... a nutrient critical to heart health.

LECITHIN

Fat Emulsifier

Cholesterol control

Weight loss, fat redistribution
Improves memory & brain function
Nerve protector
Improves skin elasticity
Improves psoriasis & eczema
Promotes health of hair and skin

HERB-LAX

Gentle Laxative

Encourages a mild cleansing action to aid the body's natural processes. Senna leaf has been used for thousands of years as a natural laxative. Also includes 8 complementary herbs. A "clean" colon is the foundation to real health

FIBER PRODUCTS

Nature's Roughage

Overweight, irregularity, cancer, colitis, cholesterol, skin, bloating, constipation, digestion etc.
Normalizes blood sugar
Speeds intestine transit time
Removes toxins
Reduces cholesterol levels

Shaklee 180 Weight/Inch Loss Program



Shaklee 180 Turnaround Kit - Lose Weight ~

Go from before to after with clinically tested weight loss products - and a program designed to burn fat, not muscle. This customizable two-meal kit delivers a complete program of 2 healthy meals with smoothies, snacks, energizing tea and metabolic boost - along with access to exclusive tools and rewards.

The weight loss portion of the Shaklee 180 Program was tested in a preliminary 12-week clinical study.

HEALTH PROFESSIONALS SPEAK

DR. NEIL PADGETT, M.D.

Internal Medicine

Glen Burnie, Maryland

"The reason that I have recommended only Shaklee to my patients is that I have clinical, peer-reviewed data included in the catalog that I can refer to. You have to have good clinical studies, good double-blind peer-reviewed studies in order to evaluate a product. As a medical professional, that's the only thing that I'll listen to. Except for Shaklee, I'm not aware of anyone who's done in-depth studies. It's the only company I've seen do it and that's why it's the only company I can professionally recommend."

DR. STEVE CHANEY, PH.D.

Professor of Nutrition, Biochemistry & Biophysiology

University of North Carolina Medical School

"One of the biggest mistakes people make is taking inexpensive vitamins. Mail order vitamins offering fantastic "deals" are worth just about what you pay for them. NEVER buy these vitamins or supermarket/pharmacy brands without checking them out first. Cut-rate products often contain additives, food allergens, sugar, artificial food coloring and flavoring. Many are coated with shellac or contain potentially hazardous chemicals like chlorine. Shaklee performs up to 176 separate tests for purity, freshness, potency, and safety on the raw ingredients for a single product. Products undergo as many as 262 separate quality assurance tests throughout the manufacturing process as well. In addition, all product label claims have documented substantiation."

DR. MYRON WINICK, M.D.

Columbia University College of Physicians & Surgeons

"Shaklee Products are very well tested both from a standpoint of efficacy and safety. I consider Shaklee's study of bone loss and their [Vita-Lea] product's relationship to bone loss not only important from a standpoint of their product, but important from a standpoint of the scientific community's understanding of bone loss. . . . I think it's very impressive that the Shaklee scientists are willing not necessarily to go with the flow, but rather to go with the science."