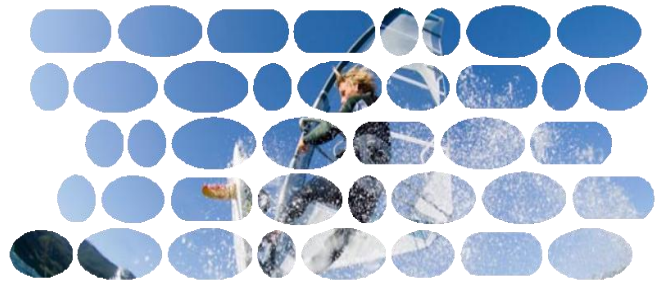


# WHAT CAN *Shaklee* SUPPLEMENTS DO ?



**Start with Shaklee Vitalizer™  
A 30-day supply conveniently  
packaged in daily Vita- Strips**



**So EASY ... Take first thing in the morning  
or throw in your pocket and GO**

## **Redefining Vitality ..... "12 Patents" on the Shaklee Micronutrient Advanced Release Technology (S.M.A.R.T)**

Here is the best of Shaklee science in 80 bio-optimized nutrients clinically proven to create a foundation for a longer, healthier life. Anyone can put vitamins and minerals in a supplement. Only Shaklee gets the right nutrients to the right place through a revolutionary, patent-pending delivery system. Taking Vitalizer is not just an investment in your long-term health. This is how to start feeling "WOW", today and every day from now on. Vitalizer provides a daily boost of clinically supported vitamins, minerals, antioxidants, phytonutrients, omega-3 fatty acids and probiotics. So you know you always get what you need each and every day. (*2 Vita Lea, 2 Caroto-E-Omega, 1 B+C Complex, & 1 OptiFlora Probiotic*)

- Supercharged vitality
- Stress management
- Antioxidant defense
- Heart and brain health
- Enhanced immunity
- Anti-aging phytonutrients
- DNA protection
- Bone and joint health
- Healthy hair, nails, and skin
- Colon health
- Preconception nutrition
- Nerve and muscle function
- Healthy teeth & gums
- Vision and eye health
- Lung health
- Digestive health

**Add Soy Protein/Shaklee 180 Shake Mix, NutriFeron & VIVIX for "Rx for a Healthier Life"**

### **Energizing SOY Protein .... SOY or WHEY Shake Mix**

Shaklee Protein (non-GMO) is a complete protein with all 9 essential amino acids. It is a vegetable (soybean) protein with no cholesterol, saturated fats, or artificial flavors or preservatives. Low glycemic index to retain normal blood sugar levels. It is needed to make and repair ALL tissue cells. It is necessary for building enzymes, antibodies, hormones, hair, skin, nails; it curbs the appetite, and is a real "energy" booster and maintains your blood sugar level. Recent findings indicate that soy can dramatically impact hormone balance, cancer, cholesterol, and heart disease.

### **NUTRIFERON ... "Powerful Breakthrough in Immune System Science"**

Stimulates the production of **interferon naturally**. A healthy immune system is our body's most powerful frontline defense. Effective against Flu, Colds, Hepatitis C, Cancer, Allergies, Asthma, Shingles, Chronic Infections etc. Dr. Kojima spent 40 years testing hundreds of compounds searching for a natural formula that boosts the body's production of interferon. A potent but safe blend of plant extracts, proven by human clinical studies to provide powerful immune support.

### **VIVIX ... "Revolutionary Breakthrough in Cellular Anti-Aging"**

Vivix Cellular Anti-Aging Tonic is a revolutionary breakthrough in the fight against cellular aging. Developed after years of research by Shaklee Corporation, the # 1 natural nutrition company in the U.S., Vivix is the world's best anti-aging supplement. In laboratory studies, Vivix ingredients have been shown to impact the 4 key mechanisms of cellular aging.

A 30 day supply of Vivix delivers the equivalent amount of resveratrol found in 3,000 glasses of red wine, and Vivix ingredients are 10x more powerful in slowing a key mechanism of aging than resveratrol alone.

### **Doesn't Everyone Dream of Feeling Younger and Living Longer?**



#### **Impacts . . .**

**DIABETES  
OSTEOPOROSIS  
DEMENTIA  
TREMORS**

**BROWN/AGE SPOTS  
HAIR LOSS  
ALZHEIMERS  
HEART DISEASE**

**CANCER  
HIGH LDL CHOL.  
FOCUSING  
HEALING**

**ARTHRITIS  
ENERGY  
PAIN/STIFFNESS  
INFLAMMATION**

## Shaklee Supplements:

### **VITA LEA ... no iron, iron, gold (50+)** *"Multi Vitamin/Mineral"*

A formula providing 23 essential vitamin & minerals at clinically proven levels. Vita Lea has a patented Bioactivated Absorption System to ensure increased absorption of critical folic acid. Taken daily, Vita Lea promotes overall health & wellness and supports long-term colon, heart, and eye health, and strengthens the immune system.

### **OPTIFLORA** *"Advanced Daily Colon Care System"*

The two-product system includes Probiotic (Bifidus & Acidophilus...microflora) + Prebiotic (FOS...food source for microflora). Patented Guaranteed delivery of 500 million microflora to intestines! Will help with... Digestion, Candida, food/chemical allergies, colitis/IBS, cold sores, psoriasis, bad breath, headache, colon & rectal cancer, parasite, diarrhea, acne.

### **B COMPLEX** *"Mood Vitamin"*

Feeds the nerves & has a profound effect on mental and emotional stability. Stress, medications, sugars, alcohol all rob the body of B vitamins. Reduce cravings, headaches, increase energy.

### **VITA C** *"Infection Fighter"* **Nature's own antibiotic**

Fights infection and builds resistance against disease. C is the anti-stress vitamin + it builds collagen. An important antioxidant... it protects your cells from **aging**.

### **Vitamin E Complex** *"Antioxidant"*

Protects against cell damage and aging. Impacts varicose veins, fibro-cysts, heart, fertility, hot flashes, healing, psoriasis, hormonal issues, circulation, athletic performance, cold hands & feet, breathing/lungs, stamina.

### **MOODLIFT** *Positive Mental Outlook*

**St. Johns Wort**, Siberian Ginseng, Green Oats, Inositol  
Relieves anxiety, self doubt, sleep disorders, nervous disorders, moderate depression, fatigue, fearfulness, tension headaches  
Promotes relaxation

### **OMEGAGUARD** *Natural Anti-inflammatory* **Fish oil: 7 omega 3 fatty acids**

Reduce **risk of heart disease**/stroke, triglycerides, cholesterol, **blood pressure**, blood clots, rheumatoid arthritis, migraines, psoriasis, eczema, ADD, depression/mental illnesses

### **GLA COMPLEX** *Body Regulator*

PMS, menstrual, menopause  
Anti-inflammatory, rheumatoid arthritis, fibromyalgia, eczema  
Fibrocystic breast disease  
**Supports well-being during menstrual cycle**  
Diabetic neuropathy, weight loss

### **MENOPAUSE BALANCE COMPLEX** *Menopausal Balance*

Hormonal support thru menopause  
**Controls hot flashes**, Mood swings, insomnia, depression  
Phytoestrogens from Flaxseed and Soy Isoflavones, Dong Quai, Red Clover, and Licorice, Black Cohosh

### **ALFALFA COMPLEX** *Mineral Bouquet*

Natural antihistamine, anti-inflammatory, diuretic.  
Has 8 digestive enzymes. Arthritis, allergies, acid reflux, asthma, gout, gall stones

Rich in trace minerals & enzymes

### **IMMUNITY FORMULA - I** *Immune Booster*

9 "immunoactive" vitamins & minerals in one capsule. Supports the immune system. Great for Skin, **Allergies**, and all immune related diseases.  
Zinc, E, C, Beta carotene, Folic acid, Copper, Selenium, B6 & B12

### **BLOOD PRESSURE** *Helps support already healthy blood pressure*

*Scientifically support nutritional solution to help retain healthy blood pressure by helping to promote healthy blood vessels and blood flow.*

Powered by: Grape seed, beet and spinach powders

### **SAW PALMETTO PLUS** *Prostate Health*

Prevents & lessens BPH (benign prostatic hyperplasia)  
Symptoms are frequent urination, decreased urinary flow.  
Maintains proper urinary flow  
Enlarged prostate  
**Men over 40**

### **GENTLE SLEEP COMPLEX** *Calmer*

Improves quality of sleep  
**Relieves tension**, headache pain  
Relieves muscle spasm  
Can treat heart palpitations  
Anti-aggressive properties-- use for childhood behavioral disorders.  
ADHD

### **OSTEOMATRIX**

#### ***Reduce risk of Osteoporosis***

Relaxes muscles (helps cramps muscle spasm, backache, growing pains, heart muscle, insomnia)  
Feeds nerve endings (helps reduce hyperactivity, headaches, PMS, irritability, stress, ADD, ADHD)

**Increases bone density**

### **MINDWORKS**

#### ***Mental Sharpness & Focus***

Powered by exclusive Chardonnay grape seed extract ~ Designed to improve mental sharpness & focus – Protects against age-related mental decline. Developed by a MIT-trained neuroscientist. Patent-pending.

**Supports mental sharpness**

### **GLUCOSE REGULATION**

#### ***Blood Sugar Regulator***

Stress, unhealthy eating and weight gain lead to higher circulating blood glucose, carb cravings, more weight gain and lower energy.

**HELPS RETAIN NORMAL BLOOD SUGAR LEVELS**

### **STRESS RELIEF COMPLEX**

#### ***Tranquil State of Mind***

Stress takes an enormous toll on our health. To relieve tension with drinking, smoking or overeating only increases stress.

Stress Relief complex helps us to adapt to stress, does not cause drowsiness, in fact it creates a very alert state of mind while remaining relaxed and tranquil. (No Kava)

### **JOINT HEALTH COMPLEX**

#### ***Joint Cushion***

**Glucosamine** & blend of herbs  
Freedom of motion. Rebuild, maintain, and support healthy **joint cartilage** - Anti-inflammatory  
Greater mobility

### **LIVER DTX COMPLEX**

#### ***Detoxifier***

Contains milk thistle seed extract, which is shown to support the regeneration of liver cells. Your liver is being challenged by: Acetone (nail polish, varnishes, paints), Nitrosamines, Insecticides, Ammonia, Alcohol, drugs, car exhaust, fumes etc.

### **STOMACH SOOTHING COMPLEX**

#### ***Digestion***

Digestive aid, relief from gas, nausea & indigestion. Motion & morning sickness Calms upset stomach Relieves heartburn  
Helps constipation, inhibits diarrhea  
**Helps irritable bowel syndrome**

### **DEFEND & RESIST COMPLEX**

#### ***Nature's Natural "Antibiotic"***

Echinacea, Zinc, Black Elderberry And Larch Tree  
**Use for infections**, colds, flu, fever, swollen glands, colic etc.  
Promotes production of white blood cells & activates immune system  
Suck, chew, swallow, or a hot tea

### **GARLIC COMPLEX**

#### ***Miracle Herb***

Natural antibiotic/anti-inflammatory  
Positive effect on infection, aids in treatment of cancer, arthritis, flu, colds, digestive problems, ulcers, yeast infections, sinusitis, lowers serum cholesterol & triglycerides, circulatory problems, liver disease

### **FLAVOMAX**

#### ***Powerful Antioxidant***

Six "key" flavonoids  
To defend against free radical destruction and build healthy cells take both Flavomax and Carotomax for total protection.

**Protect the liver and Intestines and much more.**

### **CAROTOMAX**

#### ***Protects the Eyes***

#### **"6" powerful antioxidants**

Prevents Macular degeneration, supports health of cervix, colon, prostate, lungs, heart ... prevents damage from LDL Cholesterol.  
Combine with **Flavomax** for complete protection.

### **VITAMIN D3**

#### ***Nature's SUNSHINE***

Vitamin D plays a major role in:  
**Your Heart Health Immune Health**  
**Aids Calcium absorption**  
**Healthy Cell Development**

As many as 80% of Americans are deficient in this nutrient.

### **COQ HEART**

#### ***Energize your cells!***

As we age, we have less and less CoQ10; our heart never stops to rest – it is critical that it stays energized by CoQ10. **CoQHeart also contains "Resveratrol"**; one capsule has as much Resveratrol as one glass of red wine.  
Fearfulness, tension headaches  
Promotes relaxation

### **ZINC**

#### ***Vital Trace Mineral***

Promotes healing of wounds and burns, sore throat, eczema  
Boosts immune system  
Prostate & reproduction  
Improves digestion/anti-stress  
Improves taste, smell & appetite  
Diabetes, promotes insulin.

### **PAIN RELIEF COMPLEX**

#### ***Reduce the Inflammation that causes Pain***

Relieve chronic pain without the detrimental GI effects that accompany anti-inflammatory most products. A potent, natural pain reliever that provides long term pain relief.  
Arthritis, Fibromyalgia, Tendonitis etc.

~  
**PAIN RELIEF CREAM** also available

### VITALIZED IMMUNITY

#### **Everyday Immune Support**

Naturally sweetened with Monk Fruit. Contains as much vitamin-C as 16 oranges. Proprietary of 19 vitamins, minerals and herbs. Delicious effervescent formula.

**Helps Support your strong immune system**

### VITALMAG

#### **For the 80% who don't get enough magnesium**

Gel-Diffusion Delivery System  
Easy on your digestion. Magnesium is vital for muscles and nerve function, steady heart rhythm, and normal blood pressure.

### CHOLESTEROL REDUCTION

#### **FDA claims: gives 100% of the sterols and stanols needed to lower cholesterol naturally**

A natural approach to managing your cholesterol ... side benefits not side effects! Unlike statin drugs, this product **will not** destroy the production of CoQ10 ... a nutrient critical to heart health.

### LECITHIN

#### **Fat Emulsifier**

#### **Cholesterol control**

Weight loss, fat redistribution  
Improves memory & brain function  
Nerve protector  
Improves skin elasticity  
Improves psoriasis & eczema  
Promotes health of hair and skin

### HERB-LAX

#### **Gentle Laxative**

Encourages a mild cleansing action to aid the body's natural processes. Senna leaf has been used for thousands of years as a natural laxative. Also includes 8 complementary herbs. A "clean" colon is the foundation to real health

### FIBER PRODUCTS

#### **Nature's Roughage**

Overweight, irregularity, cancer, colitis, cholesterol, skin, bloating, constipation, digestion etc.  
**Normalizes blood sugar**  
Speeds intestine transit time  
Removes toxins  
Reduces cholesterol levels

## Shaklee 180 Weight/Inch Loss Program



### **Shaklee 180 Turnaround Kit - Lose Weight ~**

Go from before to after with clinically tested weight loss products - and a program designed to burn fat, not muscle. This customizable two-meal kit delivers a complete program of 2 healthy meals with smoothies, snacks, energizing tea and metabolic boost - along with access to exclusive tools and rewards.

The weight loss portion of the Shaklee 180 Program was tested in a preliminary 12-week clinical study.

## HEALTH PROFESSIONALS SPEAK

### **DR. NEIL PADGETT, M.D.**

*Internal Medicine*

*Glen Burnie, Maryland*

"The reason that I have recommended only Shaklee to my patients is that I have clinical, peer-reviewed data included in the catalog that I can refer to. You have to have good clinical studies, good double-blind peer-reviewed studies in order to evaluate a product. As a medical professional, that's the only thing that I'll listen to. Except for Shaklee, I'm not aware of anyone who's done in-depth studies. It's the only company I've seen do it and that's why it's the only company I can professionally recommend."

### **DR. STEVE CHANEY, PH.D.**

*Professor of Nutrition, Biochemistry & Biophysiology*

*University of North Carolina Medical School*

"One of the biggest mistakes people make is taking inexpensive vitamins. Mail order vitamins offering fantastic "deals" are worth just about what you pay for them. NEVER buy these vitamins or supermarket/pharmacy brands without checking them out first. Cut-rate products often contain additives, food allergens, sugar, artificial food coloring and flavoring. Many are coated with shellac or contain potentially hazardous chemicals like chlorine. Shaklee performs up to 176 separate tests for purity, freshness, potency, and safety on the raw ingredients for a single product. Products undergo as many as 262 separate quality assurance tests throughout the manufacturing process as well. In addition, all product label claims have documented substantiation."

### **DR. MYRON WINICK, M.D.**

*Columbia University College of Physicians & Surgeons*

"Shaklee Products are very well tested both from a standpoint of efficacy and safety. I consider Shaklee's study of bone loss and their [Vita-Lea] product's relationship to bone loss not only important from a standpoint of their product, but important from a standpoint of the scientific community's understanding of bone loss. . . . I think it's very impressive that the Shaklee scientists are willing not necessarily to go with the flow, but rather to go with the science."